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# **Objective**

Combining skin conductivity and heart rate measurements to detect human's physiological changes due to nerve effect.

## **Backg**round

- People's skin conductivity varies when their nervous system activated
- Stimulus triggers sweat in the sweat gland
- Skin conductivity drops when people are nervous
- Heart rate has its own rhythm of beating, but it can respond to stimulation of nerves.
- Heart rate increases when people become nervous or influenced by circulatory substances, like adrenaline



#### **Measuring Methods**

- Measuring skin conductivity
- -- designed amplifier circuit to measure the voltage difference across two fingers.
- Measuring pulse rate
- -- Attached ECG pads (Supplied by Professor Dennis Claflin) to left arm(+), right leg(-) and left leg(reference) to measure heart rate
- Designing IIR low-pass filters for skin conductivity and pulse rate signals (both in DC voltage) with sampling rate of 1kHz
- \*Algorithms
- -- Updating heart rate at each heart beat and determine the average of skin conductivity at the same time
- -- Calculating the change of vector [(Heart rate) (Skin conductivity)] to determine the physiological changes

## **Results**

Human's skin conductivity stays relatively constant when not stimulated
Skin conductivity changes while people is nervous or stimulated
Skin conductivity curve may change due to variation of human body's contact area with the probe.



Skin conductivity has obvious variation when stimulated. It is quite easy to tell physiological changes with the help of calculating the standard deviation.



- Human's heart rate remains constant in stable condition
- Heart rate increases a little when under pressure and drops a little bit when depressed

### **Future Work**

- Integrating respiration and blood pressure measurements for further investigation on human's physiological changes
- Figuring out a much more accurate way of combining polygraph measurements to determine the threshold of psychological fluctuation

